

Schedule a Fast Break!!

Take a break, we'll provide the treats!!

If you would like a short presentation for your business, book club, or church group, give us a call. A small group of people, including some friends with disabilities, will come to provide you with some light snacks for a staff meeting or any time that is convenient for you. It is totally free with no strings attached. We can stay for 10 minutes, or for an hour—we love to share yummy treats from our Busy Bakers Team and tell others about The FANS Network!!



Give us a call if you would like a Fast Break for your business or organization!



The FANS Network of Allen County

Allen County Board of DD
2500 Ada Road
Lima, OH 45801
Phone: 419-221-1385
www.acbdd.org
E-mail: FANS@acbdd.org



The FANS Network of Allen County



A community network of people helping people



Allen County Board of Developmental Disabilities

What is a FANS Network?



A FANS Network is a group of people who are committed to enhancing the lives of individuals with developmental disabilities.

We are looking for Friends, Allies and Neighbors to join us in this mission.

The Network will help in a variety of ways, both big and small, because we believe that the journey of life is better when people help and support each other.

How does FANS work?

It's easy. There is no official commitment, no formal membership and no standard protocol. Your email address is added to the FANS list. You will get information about a variety of needs. If you are interested in getting more information on that need, just respond to the message. A FANS Coordinator will contact you to provide more information. Feel free to pass on the info to others that might help.

Want to get involved? Check out our current FANS initiatives:

- 1) **Making A House A Home:** Provides household items for adults with disabilities, families with children who have special needs, and others. **Kindness Couriers and Golden 'Furniture' Retrievers** pick up and deliver donated household items, furniture and/or appliances.
- 2) **Caring Craftsmen:** Volunteers with home repairs or projects they could otherwise not afford or complete on their own. A little bit of help goes a long way.
- 3) **Meal-A-Month:** Make and deliver a home cooked meal once a month. Stay and eat family-style.
- 4) **Meet A Practical Need:** Gift cards are donated for haircuts, home repair supplies, gasoline, groceries, and much more.
- 5) **Make A Memory:** Donations of tickets to sporting events, fancy restaurants, concert tickets, etc. provide experiences for people who otherwise would never have the opportunity.



We can make a difference together—the possibilities are endless when you pair up with a Pal!!

- 6) **Fast Break:** Give your employees a quick break! A small group of people with disabilities will come to your office to provide you with snacks, baked by our own **Busy Bakers**.
- 7) **Make Their Day:** Volunteers who provide care packages or special meals to bring a little sunshine into someone's day. **Caring Companions** keep individuals company who may be ill and need someone to sit with them at the hospital or nursing home.
- 8) **Give Back Crew:** The Give Back Crew is a group of folks who volunteer at different community events and causes as a way to say thank you to our community.
- 9) **Partnering with Pals:** Volunteers pair up with a pal based on common interests and hobbies.

The FANS Network of Allen County

Allen County Board of DD
2500 Ada Road
Lima, OH 45801

Phone: 419-221-1385
www.acbdd.org
E-mail: FANS@acbdd.org